



YEARLY Planner



YEAR



2025

JANUARY	FEBRUARY	MARCH
SMALL CHANGES EQUAL BIG ACCOMPLISHMENTS	SELF LOVE IS NOT SELFISH	IT CAN TAKE THREE MONTHS TO BUILD A NEW HABIT
MY GOAL IS...	MY NEW GOAL IS...	I'M ADDING THIS TO MY NEW HABIT/GOAL...
APRIL	MAY	JUNE
PUT A SPRING IN YOUR STEP	YOU'VE GOT THIS!	YOU'RE HALFWAY THERE!
★ I'M ACCOMPLISHING MY GOALS BY...	I'M ADDING THIS TO MY GOAL...	HAVE YOU REACHED YOUR GOAL? THIS IS WHAT I NEED TO DO FOR SUCCESS...
JULY	AUGUST	SEPTEMBER
HANG IN THERE!	DO MORE OF WHAT MAKES YOU HAPPY	CELEBRATE THE SMALL WINS
YOUR GOAL IS ON TRACK!	ARE YOU READY TO ADD A NEW GOAL?	A GOAL TAKES PRACTICE
OCTOBER	NOVEMBER	DECEMBER
TREAT YOURSELF WITH KINDNESS	BE THANKFUL FOR HOW FAR YOU'VE COME	GIVE YOURSELF THE GIFT OF LOVE
MY SMALL GOAL IS...	MY GOAL...	MY GOAL IS TO...

